Health Equity Strategy Paper

February 6, 2018

Health Equity and ON TO 2050

Goal: articulate how a health equity lens will be incorporated into strategies across ON TO 2050 topic areas.

 GO TO 2040 recommended public policies for land use, transportation, and housing with an emphasis on development patterns that support walkable communities, transit, and access to jobs and amenities.



Resource Group Members:

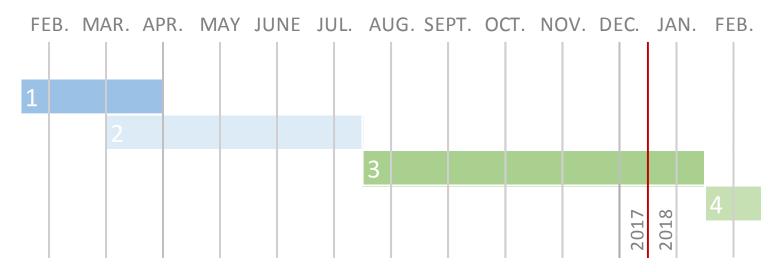
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• Rob Mapes – AgeOptions	Wesley Epplin – Health & Medicine Policy Research Group *
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^{*} Denotes consultant team.



Planning Process

Project Timeline



- 1. Understand the public health landscape & identify MPO role
- 2. Assess future needs

- 3. Strategy paper development & review
- 4. Build capacity in health equity

Public & Stakeholder Engagement

Outreach activities:

- ON TO 2050 public engagement process
- Held 6 resource group meetings
- CMAP working committee presentations
- Hosted 2 listening meetings
- APA-IL Chapter Planning4Health Roundtable on July 27
- September 19 joint meeting of the Housing and HCD Committees
- November 17 discussion with City and County Departments of Health, Planning, and Transportation



Key Findings

Public & stakeholder engagement

- Stakeholders most commonly identified the marginalization of certain groups as the key health equity barrier.

Review of partner plans

 Overall, community health improvement plans have a strong programmatic approach focused on changing individual behavior.

Scan of ON TO 2050 strategy papers

 Many of the strategy papers included recommendations relevant to public health, see page 14 for summary.

Peer MPO assessment

- Majority of CMAP's peer agencies detail active transportation, access to open spaces and parks, environmental pollutants, and health education as opportunity areas to promote community health.
- Agencies with advanced capacity for public health initiatives integrate public health into plans and policy recommendations.



Vision Statement

All residents in the Chicago
Metropolitan Region will reside in
livable communities with equitable
access to the resources and
opportunities necessary for optimal
health and well-being.



Draft Paper Structure

5 sections, 17 proposed strategies

- The first section describes existing barriers to health equity.
- The second section provides an assessment of the public health landscape.
- Section three presents an overview of existing agency work on public health, including strategies already developed for the ON TO 2050 plan.
- Sections one through three informed the strategy recommendations for the agency and its partners to consider, in section four.
- The final section details **next steps** for how CMAP will continue to advance health equity in the region.



Overarching strategies

Standardize best practices that promote health equity

Developing standardized equitable practices and processes with a focus on advancing health and health equity will help ensure that public projects and planning promote health equity.

- Continue to foster inclusive public outreach processes.
- Support health impact assessments for substantial transportation and development projects.
- Develop and implement displacement prevention strategies.



Overarching strategies

 Improve data collection, analysis, and availability for evidence-based policy and decision-making

When properly collected and analyzed, quality health data and metrics can help reduce health inequities.

- Expand evaluation metrics to highlight benefits to economically disconnected areas.
- Expand options for expanding and coordinating primary health data collection.
- CMAP and partners should develop an index of health and SDOHI indicators that is common across the region and can be broken down by race/ethnicity, class, gender, and disability.
- Monitor integration of health and health equity in municipal policies.



Key strategy areas

- Pursue environmental justice and climate resilience for vulnerable populations
 - Building resiliency into public policy, planning, and infrastructure will help communities withstand and recover from many overlapping challenges posed by climate change and other related environmental issues.
 - Prioritize investment to limit the negative air quality, noise, congestion, pollution, and other impacts of major transportation facilities.
 - Build resilience for climate change, particularly in under-resourced communities.



Key strategy areas

- Integrate healthy community design approaches to support the health of residents
 - Community design and planning to create a livable built environment can have significant impacts on public health.
 - Continue to promote active transportation in local planning to create walkable communities.
 - Expand housing choice to improve housing affordability.
 - Develop effective municipal rental regulations programs.
 - Update development regulations to guide healthy land use planning and environmental design.
 - Develop a quality of open space standard with particular attention to EDAs.



Key strategy areas

- Invest in vulnerable communities
 - In the Inclusive Growth strategy paper, CMAP analysis shows that high levels of economic inequity are limiting our region's ability to grow.
 - Expand high-quality transportation options in excluded communities.
 - CMAP should investigate various funding concepts in an effort to improve mobility for all communities.
 - Reinvest in disinvested areas.



Next steps

Preliminary ideas for next steps:

- Highlight health equity as part of ON TO 2050's Inclusive Growth campaign.
- Convene City and County health departments, major hospital systems, and other relevant partners to explore options for expanding and coordinating primary health data collection.
- Build internal staff capacity to incorporate health equity into local planning, data, and research work.
- Explore HIAs for transportation projects (could be part of RSPs post plan adoption).



Thank you!

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