# Health Equity Strategy Paper

February 1, 2018



**Goal:** articulate how a health equity lens will be incorporated into strategies across ON TO 2050 topic areas.

 GO TO 2040 recommended public policies for land use, transportation, and housing with an emphasis on development patterns that support walkable communities, transit, and access to jobs and amenities.



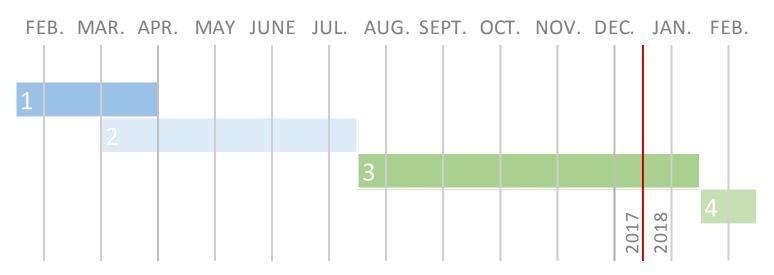
## **Resource Group Members:**

•	Heather Schady – Active Transportation Alliance	<ul> <li>Raj Shah – Family Medicine and Rush Alzheimer's Disease Center</li> </ul>
•	Daniel Cooper – Adler University Institute on Social Inclusion *	Tenisha Jones – Greater Auburn Gresham Development Corp
•	Rob Mapes – AgeOptions	<ul> <li>Wesley Epplin – Health &amp; Medicine Policy Research Group *</li> </ul>
•	Carol Caref – Chicago Teachers Union	<ul> <li>Jess Lynch – Illinois Public Health Institute</li> </ul>
•	Sarah Hainds – Chicago Teachers Union	<ul> <li>Jackie Forbes – Kane County Division of Transportation</li> </ul>
•	Tiffany McDowell – Chicagoland Equity Network *	<ul> <li>Laura Schneider – Lake County Health Department &amp; Community Health Center</li> </ul>
•	Ann Cibulskis – City of Chicago Department of Public Health	Chloe Gurin Sands – Metropolitan Planning Council
•	Anne Posner – City of Chicago Department of Public Health	Will Snyder – Presence Health
•	Adam Becker – Consortium to Lower Obesity in Chicago Children	<ul> <li>Felipe Tendick-Matesanz – Restaurant Opportunities Center United</li> </ul>
•	Lilian Jimenez – Cook County Commissioner Jesus "Chuy" Garcia	<ul> <li>Patrick Lenihan – School of Public Health, University of Illinois Chicago</li> </ul>
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•	Carmen Vergara – Esperanze Health Centers	

\* Denotes consultant team.



#### **Project Timeline**



- 1. Understand the public health landscape <sup>3. St</sup>
- 3. Strategy paper development & review

- & identify MPO role
- 2. Assess future needs

4. Build capacity in health equity



#### **Public & Stakeholder Engagement**

## Outreach activities:

- ON TO 2050 public engagement process
- Held 6 resource group meetings
- CMAP working committee presentations
- Hosted 2 listening meetings
- APA-IL Chapter Planning4Health Roundtable on July 27
- September 19 joint meeting of the Housing and HCD Committees
- November 17 discussion with City and County Departments of Health, Planning, and Transportation



#### Public & stakeholder engagement

- Stakeholders most commonly identified the marginalization of certain groups as the key health equity barrier.

#### Review of partner plans

- Overall, community health improvement plans have a strong programmatic approach focused on changing individual behavior.

#### Scan of ON TO 2050 strategy papers

- Many of the strategy papers included recommendations relevant to public health, see page 14 for summary.

#### Peer MPO assessment

- Majority of CMAP's peer agencies detail active transportation, access to open spaces and parks, environmental pollutants, and health education as opportunity areas to promote community health.
- Agencies with advanced capacity for public health initiatives integrate public health into plans and policy recommendations.



All residents in the Chicago Metropolitan Region will reside in livable communities with equitable access to the resources and opportunities necessary for optimal health and well-being.



## 5 sections, 17 proposed strategies

- The first section describes **existing barriers to health equity.**
- The second section provides an assessment of the public health landscape.
- Section three presents an overview of existing agency work on public health, including strategies already developed for the ON TO 2050 plan.
- Sections one through three informed the strategy recommendations for the agency and its partners to consider, in section four.
- The final section details **next steps** for how CMAP will continue to advance health equity in the region.



# **Overarching strategies**

 Standardize best practices that promote health equity

Developing standardized equitable practices and processes with a focus on advancing health and health equity will help ensure that public projects and planning promote health equity.

- *Continue to foster inclusive public outreach processes.*
- Support health impact assessments for substantial transportation and development projects.
- Develop and implement displacement prevention strategies.



## **Overarching strategies**

 Improve data collection, analysis, and availability for evidence-based policy and decision-making

When properly collected and analyzed, quality health data and metrics can help reduce health inequities.

- Expand evaluation metrics to highlight benefits to economically disconnected areas.
- Expand options for expanding and coordinating primary health data collection.
- CMAP and partners should develop an index of health and SDOHI indicators that is common across the region and can be broken down by race/ethnicity, class, gender, and disability.
- Monitor integration of health and health equity in municipal policies.



# Key strategy areas

 Pursue environmental justice and climate resilience for vulnerable populations

Building resiliency into public policy, planning, and infrastructure will help communities withstand and recover from many overlapping challenges posed by climate change and other related environmental issues.

- Prioritize investment to limit the negative air quality, noise, congestion, pollution, and other impacts of major transportation facilities.
- Build resilience for climate change, particularly in under-resourced communities.



# Key strategy areas

 Integrate healthy community design approaches to support the health of residents

Community design and planning to create a livable built environment can have significant impacts on public health.

- Continue to promote active transportation in local planning to create walkable communities.
- Expand housing choice to improve housing affordability.
- Develop effective municipal rental regulations programs.
- Update development regulations to guide healthy land use planning and environmental design.
- Develop a quality of open space standard with particular attention to EDAs.



# Key strategy areas

## Invest in vulnerable communities

In the Inclusive Growth strategy paper, CMAP analysis shows that high levels of economic inequity are limiting our region's ability to grow.

- Expand high-quality transportation options in excluded communities.
- CMAP should investigate various funding concepts in an effort to improve mobility for all communities.
- Reinvest in disinvested areas.



### Preliminary ideas for next steps:

- Highlight health equity as part of ON TO 2050's Inclusive Growth campaign.
- Convene City and County health departments, major hospital systems, and other relevant partners to explore options for expanding and coordinating primary health data collection.
- Build internal staff capacity to incorporate health equity into local planning, data, and research work.
- Explore HIAs for transportation projects (could be part of RSPs post plan adoption).



## **Thank you!**

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