

Communities Putting Prevention to Work
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*Making suburban Cook County
a healthier place to live, work and play.*

Model Communities Grant Program

Help make health the easier choice!

Become a Model Community - Apply for a Grant!

The Cook County Department of Public Health (CCDPH), in partnership with the Public Health Institute of Metropolitan Chicago, is pleased to announce the availability of up to \$4 million in grant funding. Grants will be awarded to local governments, community organizations, and school districts/local education agencies who are interested in changing policy to make it easier for suburban Cook County residents and families to live healthy, active lives.

This program is supported by the Alliance for Healthy & Active Communities, a collaborative led by CCDPH, with funds from a federal grant, Communities Putting Prevention to Work (CPPW), that is administered by the Centers for Disease Control and Prevention as part of a nationwide effort aimed at addressing the rising rates and burden of obesity in the United States.

Award Amounts

Successful applicants will be awarded a one-time funding amount between \$25,000 and \$200,000 to implement their project(s) from February 2011 to February 2012. Ongoing trainings and technical assistance will be provided throughout the project period to meet grant requirements and to advance local changes.

Eligible Applicants

Eligible applicants include:

- Public school districts/Local education agencies
- Local governments (e.g., one or more municipalities or townships, a regional government body serving suburban Cook County communities, or park districts)
- Community organizations (e.g., non-profit agencies, faith-based organizations, community-based organizations, child care providers, higher education institutions, businesses and healthcare entities)

Location matters! – Proposed projects must impact communities within CCDPH jurisdiction (suburban Cook County, with exception of Chicago, Evanston, Oak Park, Skokie and Stickney Township). Entities that solely serve individuals living within the five areas of exception listed above do not qualify for this funding.

Partnerships matter! – Eligible collaboratives include coordination among multiple sectors (e.g., school districts, local governments and community organizations) within a single community—or among partners from the same sector (e.g., school districts) across several communities.

Eligible Projects

The goal of this funding opportunity is to increase the accessibility of healthy foods, make unhealthy foods less available and create safe places to be physically active. Sample projects are listed below.

In Schools (not an exhaustive list)

- Promote nutrition standards for meals, snacks and competitive foods (foods not part of the school meal program).
- Lower the cost of healthy items relative to less healthy items in cafeterias, vending machines, school stores and events.
- Develop and/or implement a Farm-to-School program or a school garden at the school or district level.
- Adopt and implement high-quality physical education (PE) standards (including daily PE) and train and certify PE teachers.
- Provide regular recess, especially before lunch, in grades K-8.
- Develop and/or implement a Safe Routes to Schools program at the school/district level
- Establish joint use agreements between schools and parks, so that community members and students can access indoor and outdoor recreation facilities.

In Communities (not an exhaustive list)

- Promote nutrition standards and procurement policies for food served to children in government-run or funded programs.
- Implement vending machine nutrition guidelines/requirements for machines at government sites.
- Implement/develop a farmers market, community garden or co-operative buying club to obtain access to fresh fruits and vegetables.
- Incorporate healthy community elements in a city comprehensive plan (e.g., include municipal bicycle and pedestrian master plans as part of plan updates).
- Promote walking and biking through a “complete streets” approach in planning and/or zoning.
- Change zoning and/or permitting policies to encourage healthy food retail locations near schools and in underserved neighborhoods (including healthy food stands and trucks).
- Establish joint use agreements between schools and parks, so that community members and students can access indoor and outdoor recreation facilities.
- Worksites establish policies to promote breastfeeding.

Important Dates

October 21, 2010	Grant writing workshop, 1:30pm-4:30pm Harvey Community Center, 15320 Center Ave., Harvey, IL
October 27, 2010	Grant writing workshop 9:00am-12:00pm Advocate Health Care, 205 W. Touhy Ave., Park Ridge, IL
Early November	Request for proposal (RFP) released on CCDPH website www.cookcountypublichealth.org
November 16, 18	RFP bidders conference
November 22	Letter of intent due
December 10	Proposals due

For more information or to register for workshops, please visit www.cookcountypublichealth.org or contact a CPPW Regional Manager at 708-524-5156 or at cppw@phimc.org.