



Welcome to the

LAN-OAK PARK DISTRICT

Lan-Oak Park District Master Plan

December 8, 2014
Human & Community Development
Committee presentation



Cook County DEPT. of
Public Health
Promoting health. Preventing disease. Protecting you.



Presentation Outline

- CMAP-CCDPH partnership
- Project overview
- Plan's land use policy
- Plan's health-related policy
- Project outreach and engagement
- Lessons learned
- Moving Forward



CMAP-CCDPH Partnership

- CPPW and Model Communities
- I-PLAN development
- CMAP's HCD Committee
- CCDPH's Alliance for Healthy and Active Communities
+ Community Health Action Council
- Lan-Oak Park District Master Plan



CCDPH's Role in Park District Plan

- Representative sat on the Steering Committee
- Assisted with community engagement
- Reviewed, provided analysis and interpreted health-related data, and conducted literature review on health benefits of parks for Existing Conditions Report
- Offered recommendations for Master Plan that provide direction in improving community health



Project Overview

Goals of Master Plan

The key goals for the updated Master Plan are that it:

1. Updates the current Park Master Plan and includes relevant recommendations concerning parks and open space.
2. Builds upon the existing parks and open space to make recommendations for park acquisition, capital improvements, and potential sale or removal of underutilized or unnecessary park sites based upon staff and community input and parkland acreage analysis.
3. Identifies the importance of parks and recreation in the community including the connection between parks and health.



Project Overview

Goals of Master Plan Continued

4. Identifies the importance of parks and recreation in connection with economic value, stability and growth of the community.
5. Provides recommendations to assist the Village in rejuvenating downtown Lansing with Park Plaza as an anchor.
6. Explores the expansion of the District's service area.
7. Recommends connections between Pennsy Greenway and the community.
8. Develops an implementation strategy.



Project Overview

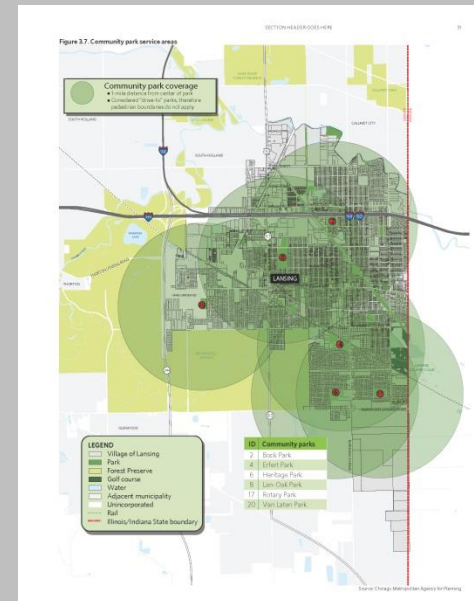
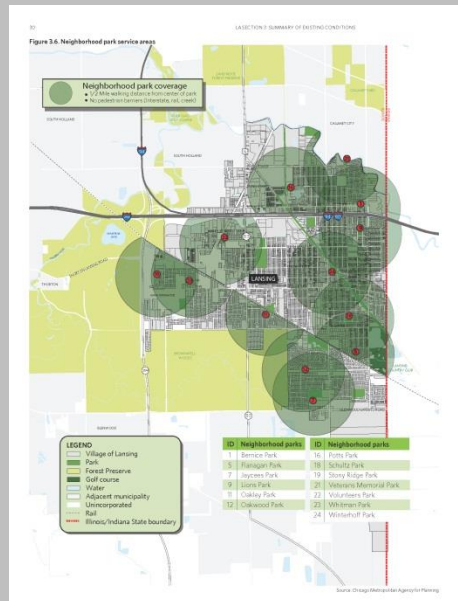
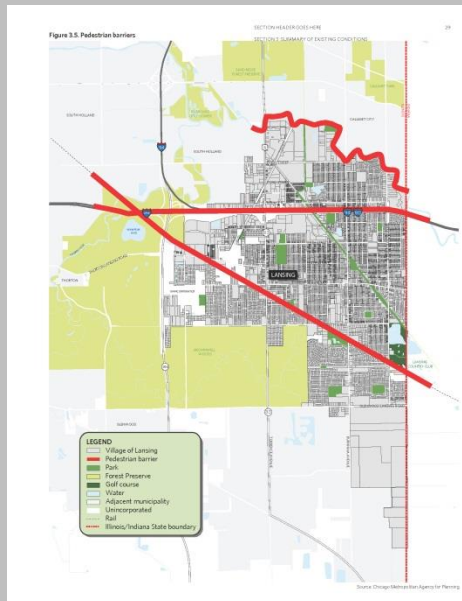
What is unique about this Plan

- Most Parks and Recreation Plans now discuss the benefits of parks and open space.
- However, this Plan includes a discussion focused upon the general benefits of parks and a more detailed discussion regarding the connection between parks and health in the region and the Lansing community.
- To my knowledge no other Parks and Recreation Master Plan has been created with such assistance and input from a County Health Department.
 - This is evident in the data compiled for the “Existing Conditions Report”
 - And for the policy and program recommendations in the final Plan



Plan's Land Use Policy

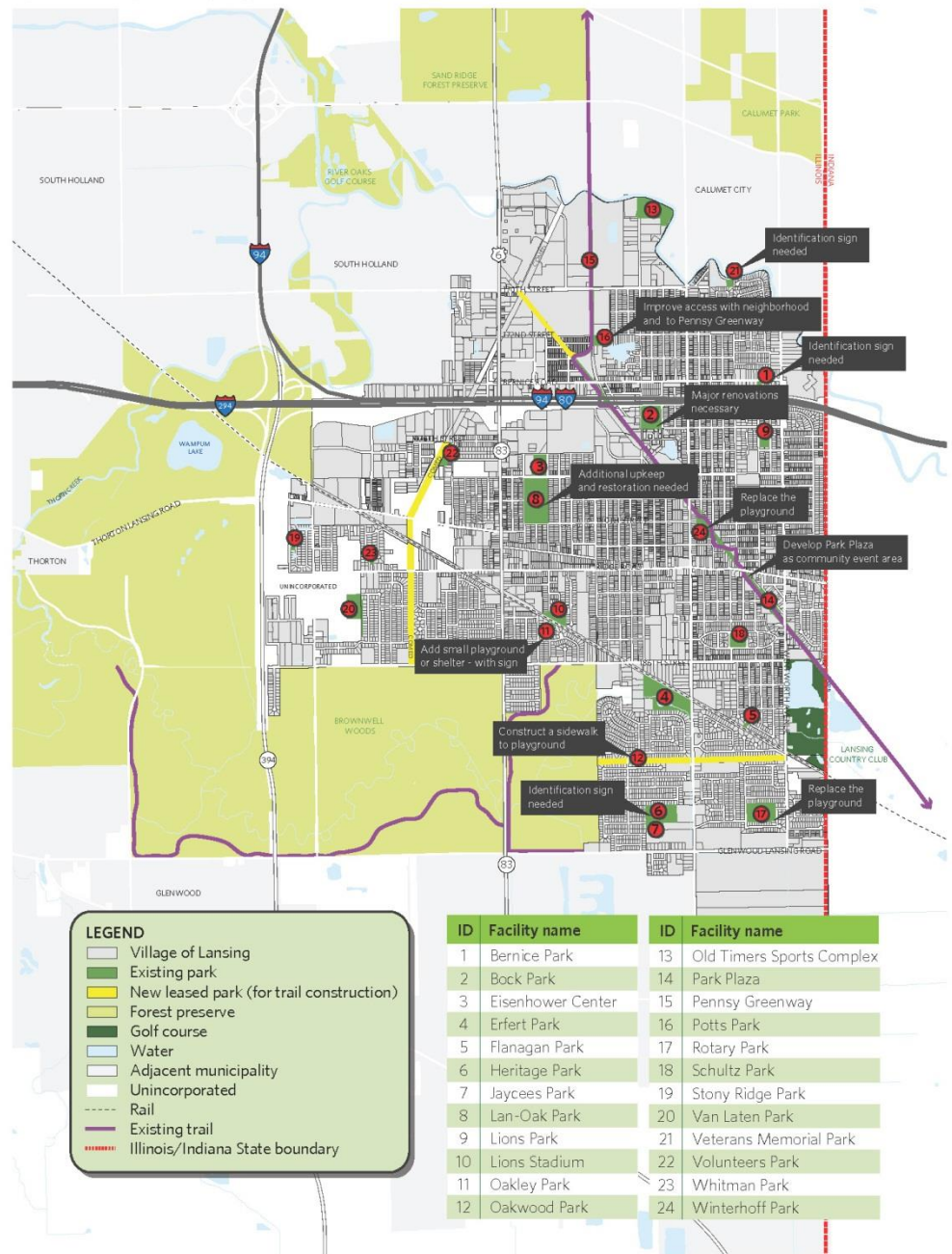
- Park land preservation and acquisition recommendations were based upon National standards
 - Population recommendations
 - Acreage Recommendations
 - Barrier-free pedestrian access



Land Use Recommendations

- Based upon existing conditions.
- Preservation of existing parks to provide access to all areas.
- Trail linkages
- Forest Preserve connections
- Key amenity improvements

Figure 4.2. Future parks and open space



Plan's Health-related Recommendations

- Based on WHO definition of health and how healthy community design can improve health
- Recommendation: Improve community health throughout all facets of the District
 - Promote health, safety and well-being through Park District decisions, policies, programs, events and communication
 - Lead or support public policy initiatives that promote health and safety



Outreach and Engagement

- Project webpage
- Steering Committee
- Key stakeholder interviews (10)
- IPHI's "Creating A Healthier South Suburban Community" workshop (70)
- Community survey (77)
- Focus groups
 - Buford Walker seniors (20)
 - Neighborhood Watch group (15)
 - Patti Leach Youth Center (27)
- Open House (20)



Lessons Learned

- Many opportunities to collaborate more closely to address health and social inequities
- Critical for leadership, at various levels, to recognize and value the connection between planning and health
- Invest the time to overcome departmental lingo; non-health partners will expand their health language
- Leverage health partner's community partnerships and engagement activities to increase public participation



Moving Forward

- It has been a continued effort to connect health and land use/transportation planning
- We are still trying to figure out what health means.
- How do we build a common understanding of what health means to politicians, key stakeholders, implementers, community residents, etc.?
- How do we make it so that the conversation about health is sustainable when it comes to land use and transportation planning?
- How do we build capacity in this area (i.e., access to health data, interpretation of data, etc.)?



Thank you!

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